## AWARDS & PRIZES

Awards will be given in the 5K and 10K races for the top three finishers in both male and female divisions in each of the following age groups:

Up to 18	19-24
25-29	30-34
35-39	40-44
45-49	50-54
55-59	60-64
65-69	70 & up

Food, beverages,
drawings & more
drawings & more
at the finish line!!
Awards will follow tok.
Completion of the 10K.



Marysville, KS 66508 785-562-2311

www.cmhcare.org



## Thank You To Our Sponsors



Online Registration Powered by Active.com

www.active.com/event\_detail.cfm?event\_id=2097128

Race Bibs Provided by:



# Big Blue River Days



# Saturday June 1, 2013 Marysville KS Downtown Main Street

Registration and start line: Koester Block Park—9th & Elm Streets

5K & 10K Races
1 Mile Run/Walk

A Great Way to Kick Off a Healthy
Start to Your Summer



### Big Blue River Days Rib Run

#### **Sponsored by CMH Foundation**

Saturday, June 1, 2013
Marysville KS
Downtown Main Street
Registration and start line:
Koester Block Park—9th & Elm Streets

#### **Packet Pick-up:**

Friday May 31st—5:00pm to 6:30pm
(At the Information table across from Pony Express Statue on Broadway St.)

Saturday June 1st—7:00am-7:30am
(At registration table—Koester Block Park—9th & Elm Streets)

#### **Race Start Times:**

10K—7:45am 5K—7:55am

All races: registration and start line:
Koester Block Park—9th & Elm Streets



**Questions:** Phone: 785-562-4473



### Big Blue River Days Rib Run Sponsored by CMH Foundation

#### 5K Run & 10K Run

Register online with active.com (search) or mail completed entry form and check payable to CMH Foundation to: CMH Foundation "Rib Run", Attn: Pam Harrison, PO Box 430, Marysville KS 66508

Name	E-mail	
Address	Phone	
City	Age on race day _	male/female
State Zip		Registering for:
Unisex T-shirt (circle one)	Adult—S M L XL XXL Youth—M L XL	□ 5K □ 10K

Entry Fee for <u>5K & 10K</u>: \$20 (by May 23) \$25 (after May 23 thru June 1) Entry Fee for <u>1 Mile Run/Walk</u>: \$15 (by May 23) \$20 (after May 23 thru June 1) T-shirts for those registering after May 23rd may need to be mailed.

#### Waiver and Release of Liability Agreement

I know that running is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I also know that some protection is provided but there will be traffic on the course. I assume any and all risk of running in traffic. I also assume any and all other risks associated with running this event including but not limited to falls, contact with other participants, the effects of the weather, including temperature, and the conditions of the road, all such risks being appreciated and known by me. Knowing these facts, and in consideration of your accepting my entry, I hereby for myself, my heirs, executors, administrators or anyone who may claim on my behalf, covenant not to sue, waive, release and discharge the event organizers, CMH Foundation, Community Memorial Healthcare, the City of Marysville, Marysville Main Street and all sponsors, their representatives and successors from all claims and liabilities of any kind arising from my participation in this race even though that liability may arise out of negligence or carelessness on the part of persons named in this waiver. This release and waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. I understand that race management reserves the right to cancel or postpone the event for any reason and refunds will not be given. I give permission to use any and all photography or video that may be recorded during this event, including the use of my name.

Signature	Date	Parent or Guardian Signature (if under 18)